



Northeast Phoenix

INDEPENDENT

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COVERING THE NEWS OF GREATER PARADISE VALLEY, KIERLAND, DESERT RIDGE AND PARADISE RIDGE

WEEK OF SEPTEMBER 8, 2004

Meet Your Neighbor: Ann Albers

Name: Ann Albers

Age: 40

Town/Neighborhood:

Phoenix, near 40th St. and Greenway

What I like most about living here:

Beautiful views of mountains and wonderful people.

Changes I'd like to see in this area:

Don't think you can control this one, but cooler weather would be just fine!

What I'm excited about & why: The 2004 Celebration of World Angel Day! Its a huge angel seminar I host every year where I teach people to connect with their angels! This year's theme is "Creating Heaven on Earth" so I'm very excited to help people learn how to make their lives blissful. We also have artists, musicians,

angel communicators, massage therapists, and many other wonderful vendors who will be there for your enjoyment during the breaks.

www.VisionsOfHeaven.com/worldangelday.html for details.

When & why I moved here: I moved to the Northeast Valley in 1996 because the area is beautiful and convenient. I moved into my present home in 2000.

Where I lived before & why I left: I left the West Valley because I was ready for a change.

My family: My family of origin lives in Virginia. In Arizona I am blessed with great friends, amazing neighbors, and two loving large dogs.

What I do: I talk to angels for a living - really! Its not exactly what I thought I would do when I grew up.

What I like most about what I do: I love watching people transform their lives.

Previous occupations & why I left: I was an electrical engineer in the avionics industry for over eight

years. I left because I wanted to wake up excited, go to bed grateful and help people find the joy in their lives. I had no clue this is what I would end up doing!

If I had picked a different occupation, it might have been:

Good question. I have so many interests but would have to narrow it down to being either a web designer, a shabby chic designer, or an artist.

My interests and hobbies: Oh goodness! How much space do you have? I love hiking, tai chi and kung fu, reading, cooking, writing, decorating, gardening, photography, travel and exploration, and sometimes dabble in making jewelry.

The best time in my life: I think it might just be today, but I say that every day.

The worst time in my life: I guess I asked for it! I had prayed for God to guide me to find my true calling in life. Within the next few years, my life was ripped apart and rebuilt - I quit my stable career, lost a marriage, and dated

a few, shall we say "characters," in order to learn to trust my own instincts. Then humpty-dumpty got put back together again and I ended up in a life I love surrounded by people I love.

My best habit: I am organized to a fault.

My worst habit: I am organized to a fault.

The trait(s) I admire in others: Integrity, personal responsibility, honesty and a passion for your own lives.

People who inspired me (and how): My grandfather inspired me with his humor, ingenuity, and creativity. My clients inspire me every day with their ability to rise above truly challenging life situations and create joy once again.

My guiding philosophy: Live honestly. Follow your heart. Speak your truth. Practice abundant gratitude, and above all, be passionate about life.

My advice to today's youth: Trust yourselves. Respect yourselves. You are an amazing generation.



ALBERS